

HITEC-IMS NEWS LETTER



CONTENTS

- MESSAGES
- INAUGURATION OF SKILLS & SIMULATION CENTRE
- INAUGURATION OF INSTITUTE OF ALLIED HEALTH SCIENCES
- WORKSHOPS
- SEMINARS
- EXCURSION TRIP
- MOVIE NIGHT
- HMDJ APPROVAL
- SPORTS WEEK 2026

UPCOMING EVENTS

- WHITE COAT CEREMONY
- WORKSHOPS
- SEMINARS
- NUMS INSPECTION

COMMITTEE MEMBERS

PATRON

MAJ GEN.(R) PROF. DR. HAFEEZ UD DIN HI (M)
PROF. DR IRFAN SHAH

COMMITTEE

ASST. PROF. DR SADIA ISRAR (IN CHARGE)
PROF. DR IRAM TASSADUQ
MR. MUHAMMAD MOHSIN ALI

MESSAGES

MAJ. GEN. (R) PROF DR HAFEEZ UD DIN HI(M), PRINCIPAL HITEC-IMS

It gives me immense satisfaction to reflect upon the continued progress of HITEC Institute of Medical Sciences in strengthening its academic and institutional framework. Over time, focused efforts have been made to enhance the learning environment, improve methods of information transfer, assessment & curriculum evaluation. We have established a robust and responsive feedback system, including the installation of Audience Response Systems (ARS) in lecture halls for interactive communication & real-time student input. A dedicated competent committee has been assigned the task of program (curriculum) evaluation, and they are likely to complete their job shortly.



Special emphasis has been placed on strengthening the Department of Medical Education by implementing structured policies to streamline academic processes. A significant milestone has been the establishment of a state-of-the-art Skills and Simulation Centre, which was recently inaugurated and well appreciated by Lt Gen Shakir Ullah Khan Khattak HI (M), the Chairman HIT board. The addition of new simulators, manikins and the development of a local, specialty-integrated curriculum to support competency-based training are the latest addition in our latest educational facilities. Besides we have got our faculty members trained for American heart association (AHA) certified basic life support (BLS) course and they have in turn imparted AHA certified BLS course to more than 80 house officers and faculty members from HITEC-IMS and other institutions. This is ample evidence of our commitment to train younger generation for safe and quality Medicare.

Infrastructure development has also been prioritized, including the renovation of lecture halls to create a more comfortable and conducive learning environment. Besides, HITEC IMS website has been made vibrant, informative and interactive. Alongside academics, a range of workshops and seminars facilitated by renowned and competent scholars have been organized to promote multidimensional skills & research capabilities among students and faculty as part of our faculty development program.

I would like to acknowledge the unwavering dedication of our faculty, many of whom have been associated with the institution since its inception. Their commitment reflects a relationship of mutual trust, where the institution remains equally supportive and loyal to its faculty.

I remain fully committed to the vision of HITEC-IMS to advance its journey toward academic excellence and professional distinction. May Allah Almighty guide us in our efforts to nurture competent, compassionate, and ethically grounded healthcare professionals to meet the health sector requirements at national and global level. Aameen

MESSAGES

PROF DR IRFAN SHAH, PRINCIPAL DENTAL COLLEGE, HITEC-IMS

It is with deep gratitude, honour, and a strong sense of responsibility that I present an overview of the notable events and achievements of the Dental College for the 15th issue of the HITEC-IMS newsletter.

The quality of any educational institution depends greatly on its faculty and administrative team. Our Dental College is guided by dedicated, skilled, and compassionate teachers who uphold strong ethical values. By focusing on faculty recruitment and ongoing professional development, the College has improved the standard of teaching and learning. As part of these efforts, we also hosted two CPSP pre-conference workshops at IMECON 2026 on Leadership, Governance, Strategic Management in Medical Education, and Patient Safety. Additionally, we formalized a Memorandum of Understanding with the School of Dentistry, Shaheed Zulfiqar Ali Bhutto Medical University. I am working closely with NUMS and departmental heads to design and gradually implement updates to the BDS integrated curriculum, ensuring our students are well prepared to meet academic, clinical, and real-world challenges. Throughout the year, I look forward to engaging with you at various academic and institutional forums Insha'Allah and will greatly value your candid feedback and constructive suggestions.

This issue of the newsletter has much more to explore-take a moment to go through the newsletter and enjoy reading it.



INAUGURATION OF IAHS AND SKILLS & SIMULATION CENTRE BY CHAIRMAN HITEC

Chairman HIT, Lt. Gen. Shakir Ullah Khattak HI(M), visited HITEC Institute of Medical Sciences on April 15th 2026. The worthy guest was received by Principal HITEC-IMS, Maj. Gen. Prof. Hafeez ud Din HI(M), and the CO HIT Hospital. He visited newly established facilities and inaugurated the HITEC Institute of Allied Health Sciences and the Skills and Simulation Centre, showing commitment of the institute to enhance training of medical students and allied health professionals at HITEC-IMS with the aim of providing better health care to patients.



SEMINAR ON GLOBAL HEALTH: DYNAMICS AND ARCHITECTURE

The HITEC-IMS hosted a lecture on Global Health: Dynamics and Architecture on January 8th 2026. The lecture is delivered by guest speaker Dr. Asad Hafeez, WHO Representative and Head of Mission in Kuwait and Bahrain. This lecture provided valuable insights into the evolving landscape of global health systems, international health governance, and the strategic frameworks shaping healthcare delivery worldwide.



MOU WITH SCHOOL OF DENTISTRY

Dental College HITEC-IMS and School of Dentistry, Shaheed Zulfiqar Ali Bhutto Medical University, Islamabad, signed a MoU on January 2nd 2026.

Both the institutes will collaborate with each other in the field of academics, research, electives, and organizing Workshops/Seminars.

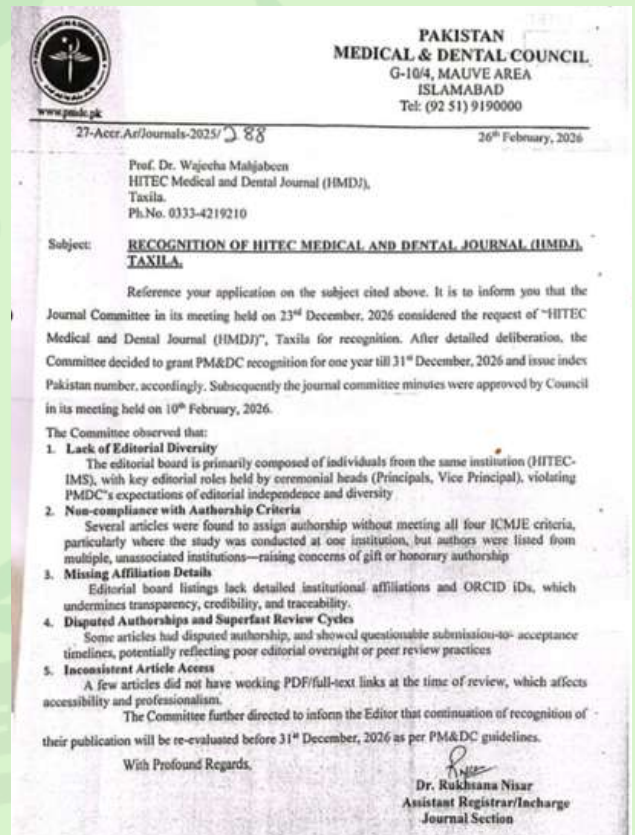


HITEC MEDICAL AND DENTAL COLLEGE JOURNAL RECEIVES PM&DC APPROVAL

The journal of HITEC Medical and Dental College has been officially approved by the Pakistan Medical and Dental Council (PMDC) on February 10th 2026, marking a significant milestone in the institution's academic and research endeavors. This recognition underscores the college's commitment to fostering scholarly excellence and contributing meaningfully to the advancement of medical education and research in Pakistan.

SPORTS WEEK 2026-HITEC-IMS

HITEC Institute of Medical Sciences commenced its Sports Week 2026 on April 14th 2026, fostering a spirit of healthy competition and camaraderie among students. The opening ceremony was graced by Principal Major General Prof. Hafeez Ud Din HI(M) (Retired) as Chief Guest, alongside faculty members who attended in encouragement of the participating students. The week-long event featured a diverse range of sporting activities designed to promote teamwork, physical fitness, and sportsmanship among the student body.



INTERNATIONAL MEDICAL EDUCATION CONFERENCE W-198

An IMECon-CPSP 2026 Pre-Conference Workshop on Patient Safety was successfully conducted at the Dental College, HITEC Institute of Medical Sciences (HITEC-IMS). The workshop commenced with an introductory session by Dr. Irfan, Principal HITEC-IMS, who highlighted the importance of patient safety as a core professional and ethical responsibility in healthcare. Prof. Mahwash Jamil and Dr. Nadia Tayyab, who emphasized key patient safety principles, common safety challenges in clinical practice, and the need for a systems-based approach to preventing harm. Subsequently, Dr. Fatima Rizwan led a focused session on integrating patient safety concepts into the curriculum, addressing how awareness can be transformed into structured teaching, learning, and assessment aligned with national standards. The session concluded with group tasks, which reinforced the discussed concepts through teamwork, reflection, and application.



INTERNATIONAL MEDICAL EDUCATION CONFERENCE W-199

The CPSP Pre-Conference Workshop titled “Leadership, Governance, and Strategic Management in Medical Education” was successfully conducted on January 22nd 2026 at Dental College, HITEC-IMS, as part of IMECON 2026. It was a matter of great honor for the institution to facilitate two pre-conference workshops, both of which were conducted with excellence and received highly positive feedback.

The workshop commenced with an insightful session by Brigadier Javed Hashmi, Director, HITEC-IMS Medical College, who laid a strong conceptual foundation on leadership and governance in medical education.

This was followed by an address from Dr. Irfan Shah, Principal, Dental College, HITEC-IMS, who emphasized the importance of effective leadership in academic institutions.

An impactful session was delivered by Brigadier Dr. Nadir Sulaiman from National Defence University (NDU), who shared valuable perspectives on leadership practices and strategic thinking.

Dr. Turab Fatima conducted an interactive talk on challenges of leadership, encouraging reflection and discussion.

Leadership styles were discussed by Dr. Ayesha Saeed, whose facilitation enhanced participant engagement. She also supported organization of the workshop.



MODEL UNITED NATIONS (MUN) CONFERENCE

A delegation of four students from HITEC IMS College participated in the Model United Nations (MUN) conference held at HITEC College, Cambridge Section, from February 6th to 8th 2026, representing various councils among 533 participants from institutions nationwide. All four delegates actively engaged in committee sessions and debates, with Ahmed Bin Shujaat earning the title of Outstanding Diplomat, Daniyal Nisar receiving an Honorary Mention, and Parwasha Sultan being awarded a Special Mention. The event provided an excellent platform for students to enhance their communication skills and represent their institution with distinction.



CPSP WORKSHOP ON “PATIENT SAFETY IN MEDICAL AND DENTAL EDUCATION”

Under the umbrella of CPSP, HITEC Institute of Medical Sciences and HITEC Dental College is organizing a workshop on “Patient Safety in Medical and Dental Education: Building A Culture of Safety” (WS-198) on January 15th 2026, under the supervision of Prof. Dr. Irfan Shah, Prof. Dr. Mahwash Jamil, Lt Col Dr. Nadia Tayyab and Dr. Fatima Rizwan from HITEC Medical and Dental College. This three-hour session will address patient safety importance, Hands-on activity on curriculum modification and how to integrate patient safety curriculum in medical and dental education in alignment with PMDC standards for medical and dental faculty, educationists, and academic administrators.



AWARENESS AND PRACTICAL APPLICATIONS OF FORENSIC DENTISTRY

A formal lecture on the topic “Awareness and Practical Applications of Forensic Dentistry” was conducted on April 8th 2026 at HITEC Institute of Medical Sciences (HITEC-IMS) Dental College. The session was organized Oral pathology Department.



The Session was conducted by Dr Khadija Shoaib, Demonstrator Oral Pathology Department and it started with the recitation of Surah Al-duha by Musfira Adnan. The lecture was delivered by guest speaker Dr Amber Khan (BDS, MF Dent (UK), CHPE, PhD Scholar, Brazil) a distinguished academician and researcher in the field. The primary objective of the session was to enhance awareness regarding the scope, significance, and practical applications of forensic dentistry in contemporary practice.

The session was conducted in a highly professional and interactive manner, and was well-received by the audience. It proved to be an enriching academic experience, offering both theoretical knowledge and practical insight into the evolving field of forensic dentistry.



WORKSHOP ON “HOW TO USE BIOMEDICAL EQUIPMENT IN SKILL & SIMULATION CENTRE”

HITEC-IMS organized a hands-on workshop on the effective use of biomedical equipment at the Skills and Simulation Centre on January 29th 2026. Participants gained essential knowledge and techniques for operating various medical devices and manikins used in modern healthcare settings. This training session was aimed to bridge the gap between theoretical knowledge and practical application, equipping attendees with the confidence to utilize advanced biomedical equipment safely and efficiently.



WORKSHOP ON AUDIENCE RESPONSE SYSTEM (ARS)

HITEC IMS implemented an Audience Response System in lecture halls to collect real-time student feedback, strengthening its focus on quality education and improved teaching practices. A faculty workshop was successfully conducted by the Department of Information Technology in collaboration with Department of Medical Education on February 3rd 2026 to train the faculty in its effective use.



WORKSHOP ON DOCTOR-PATIENT RELATIONSHIP: ATTITUDE BUILDING

HITEC-IMS will organize a workshop on “Doctor-Patient Relationship: Attitude Building” on February 12th 2026, facilitated by Lt. Col Dr. Nadeem Yar Khan (Retired) from CMH Lahore. The session will focus on developing professional attitudes and communication skills essential for fostering trust and empathy in clinical practice. Participants will gain valuable insights into building therapeutic relationships that enhance patient care and satisfaction.



CAREER SKILLS WORKSHOP

The Alumni Association of Dental College HITEC-IMS organized another exciting event, a 'Career Skills Workshop' on Wednesday, February 4th 2026. The workshop was preceded by hands-on training on job interview skills. A panel of selection board was appointed to conduct mock interviews. The board consisted of Dr Beenish Qureshi, Dr Amir Rafiq, Dr Shazana Rana, Dr Rabia and Maj Azhar (R) D-Adm.



The workshop featured a series of informative lectures aimed at enhancing students' professional readiness. Dr. Bilal, Demonstrator from the department of Oral and Maxillofacial Surgery, delivered a session on Digital Professionalism, focusing on social media ethics and management. This was followed by Dr. Rida Batool from the department of Oral Pathology, who conducted an insightful lecture on LinkedIn optimization and professional email management. A comprehensive session on CV writing was delivered by Dr. Khadeja from the department of Oral Medicine, after which Dr. Shahan from the department of Periodontology, addressed the participants on effective communication skills and strategies for acing interviews.



INTERACTIVE LECTURE ORGANIZED BY THE BIOMEDICAL DEPARTMENT FOR HOUSE OFFICERS

The Biomedical Department HITEC-IMS organized a two-hour interactive lecture for house officers at Dental College HITEC-IMS Taxila on February 27th 2026 to enhance their understanding of biomedical equipment commonly used in dental practice. The session was facilitated by a Biomedical engineer, Mr. Ibtasam Ali Malik, and was co-facilitated by Dr. Sharaz and Prof Dr Irfan Shah. The event was specifically designed for young graduates who have recently completed their house job, preparing them for their upcoming professional responsibilities. The lecture focused on introducing participants to the basic principles, functions, and safe operation of essential dental biomedical equipment frequently encountered in clinical settings. Equipment such as dental units, curing lights, ultrasonic scalers, suction systems, and autoclaves was discussed to provide participants with a clear understanding of their working mechanisms and practical applications.



HITEC IMS, TAXILA, SECURES RCEM INTERNATIONAL EDUCATION & LEADERSHIP GRANT 2026

HITEC Institute of Medical Sciences (HITEC-IMS), Taxila, is proud to announce that it has been awarded the International Education & Leadership Grant 2026 by the Royal College of Emergency Medicine, in collaboration with the cHALO Programme.

This achievement reflects the institution's strong commitment to advancing high-quality postgraduate training. HITEC-IMS (in collaboration with Shifa International Hospital, Islamabad) is among a select group of institutions across Pakistan, Sri Lanka, Bangladesh, and Malaysia to receive this prestigious grant.

The initiative will provide our postgraduate residents with valuable opportunities for structured mentorship from international faculty and present their projects at an international level, thereby fostering leadership development and enhancing their clinical, research and leadership skills.

COLORECTAL CANCER AWARENESS SESSION

The Department of Community Medicine at HITEC-IMS organized a Colorectal Cancer Awareness Session on February 20th 2026, where fourth-year MBBS students presented on epidemiology, screening, and prevention under the theme "Early Detection – New Direction – Cancer Awareness." Distinguished guests, including Principal Maj Gen Prof Hafeez-Ud-Din HI(M) (Retd) and Brig (R) Dr. Riaz Anwar Bashir, shared valuable insights on treatment and early detection. The session effectively reinforced the importance of awareness in reducing the global burden of colorectal cancer.



LECTURE ON DEVELOPING EFFECTIVE MENTORSHIP PRACTICES IN HEALTH PROFESSIONAL EDUCATION

A lecture on Developing Effective Mentorship Practices in Health Professional Education was held at Dental College HITEC-IMS on February 3rd 2026, organized by the Mentoring Committee. The session aimed to strengthen mentoring skills, enhance student engagement, and ensure continuity in mentorship programs by the guest speaker, Mr. Maaz Ahmed, clinical psychologist and lecturer at the University of Wah.



NUST OLYMPIAD

Our students participated in the NUST Olympiad February 5th to 8th 2026, competing with participants from leading institutions across the country in an array of colorful events. They performed exceptionally well, securing 1st Position in Urdu Debates and 2nd Position in English Debates. The event proved a valuable experience, further strengthening their confidence, skills, and commitment to excellence.



AWARENESS SESSION ON DOWN SYNDROME

The Department of Pediatrics, HITEC-IMS, organized a Down Syndrome Awareness Session at HIT Hospital on March 12th 2026, featuring academic presentations, a counselling role-play session, and a questions and answer session moderated by Brigadier Nazir Malik, HOD Pediatrics. CO HIT hospital Col Ali Asghar Rahar graced the occasion and praised the efforts of Paediatrics department in creating awareness of this issue. He also emphasized the importance of embracing these children in the main stream of society. The event concluded with a prize distribution ceremony and commendatory remarks by the Principal, Major General Prof. Hafeez ud Din HI(M) (Retired), also acknowledged the department's commitment to clinical awareness and patient advocacy.



ANNUAL BREAKFAST & FAREWELL GATHERING 2026

Dental College, HITEC-IMS organized its annual breakfast gathering on February 16th 2026 as a warm farewell for the outgoing House Officers, with faculty members and staff in attendance.

The event was also graced by the Principal, Vice Principal and Director of HITEC-IMS Medical College, along with CO HITEC Hospital and CO HITEC Dental Centre, whose presence added distinction to the occasion.



The House Officer batch being bid farewell holds a special place in the institution's history, as they were the Sports Champions 2024 during their final year as students, bringing honour and pride to the college through their remarkable achievement.

The event reflected unity, appreciation and institutional spirit, celebrating the accomplishments of our young doctors as they embark on their professional journeys.



MOVIE NIGHT BY EVENT & DRAMATIC SOCIETY

The Event & Dramatics Societies of HITEC-IMS organized a Movie Night on January 23rd 2026, from 5:00 PM to 8:00 PM at the HITEC-IMS Auditorium. The event was attended by volunteer students from MBBS, BDS, Nursing, and IAHS programs, along with patrons of the Event & Dramatics Societies, class teachers, and the Manager Student Affairs Department. The evening provided a memorable cinematic experience with proper arrangements for seating, sound system, and security that ensured a smooth and enjoyable event for all attendees.



ONE DAY EXCURSION TRIP TO MURREE

A one-day excursion trip to Murree was organized by HITEC IMS for students of 3rd and 4th Year MBBS. The visit provided a refreshing break from academic activities and an opportunity to enjoy the scenic beauty of the hill station. The trip encouraged bonding and relaxation, making it a pleasant and memorable experience.

