



HITEC-IMS

# NEWSLETTER



## UPCOMING EVENTS

*ISO CERTIFICATION  
WORKSHOPS  
SEMINARS  
EXCRUSION TRIPS*

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Maj Gen. (retd) Prof. Dr. Hamid Shafiq HI (M)  
Prof. Dr Irfan Shah

### Committee

Asst. Prof. Dr Sadia Israr (In charge)  
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## MESSAGES

### **Maj Gen(R) Prof. Dr. Hamid Shafiq HI (M) Principal Medical College, HITEC-IMS**

As I pen down this final message for our quarterly newsletter, I do so with a heart full of gratitude, pride, and humility. Having served as Principal of this esteemed institution for the last five years, I have been privileged to witness its steady rise, strengthened by the dedication of our faculty/administration, the enthusiasm of our students, and the vision shared by all of us. The last quarter has been nothing short of remarkable. We successfully hosted our Sports Week, fostering camaraderie and physical well-being among students. Our 3<sup>rd</sup> Convocation was a moment of immense pride, marking the culmination of years of hard work and dedication. A particularly historic milestone was the first-ever White Coat Ceremony for our new batch of 150 students, symbolizing their formal induction into the noble profession of medicine. We also took important academic strides, organizing impactful workshops on medical education and empathy, reinforcing the essential human element in clinical practice. The Nursing Day Celebration in our newly established Nursing College showcased our expanding horizons in healthcare education. In the spirit of service, our students led a Blood Donation Camp, contributing over 100 bottles of life-saving blood to a Thalassemia NGO—an inspiring act of compassion and responsibility. Safety and preparedness were prioritized with a Fire-Fighting Drill conducted for our new House Officers. Perhaps one of the most defining moments of this quarter was the successful conduct of our First International Research Conference, bringing together scholars from the USA, UK, and beyond. This event positioned our institution on the global academic map and highlighted the research potential within our community.

As I prepare to retire in the second week of August, I leave with the conviction that this college is in capable hands and destined for even greater achievements. I extend my heartfelt thanks to every student, faculty member, administrator, and support staff who made this journey fulfilling.

May the spirit of learning, service, and excellence continue to define our path.

With warm regards and best wishes,





## **Prof Dr Irfan Shah, Principal Dental College, HITEC-IMS**

Dear Readers

Assalam o Alaikom.

These last three months have been full of activities. Sports week, White coat ceremony and convocation – all big events taking place one after another. For the first time, houses of students rather than classes competed during the sports week, and the experiment was a true success. Student's houses are expected to develop horizontal and vertical as well as cross discipline linkages among students of HITEC-IMS.

During the convocation we not only distributed degrees and medals, but the gracious and generous Chairman HIT also awarded the position holders with millions of rupees of cash prizes.

Dental College hosted a mega event – the SmileCon 2025. This national conference was attended by several hundred consultants, faculty, residents and students from across the country.

And we have already expanded our clinical facilities. We now have a second dental hospital (Unit II) outside the gates of HIT. This will truly facilitate civilian patients availing our state-of-the-art treatment facilities. And we are planning to start our evening and weekend services soon Insha Allah.

This issue of Newsletter will give updates on all these latest developments. As always, I am confident that our readers will enjoy this latest issue as much as the past issues.





## SPORTS WEEK 2025 at HITEC-IMS

HITEC Institute of Medical Sciences celebrated its Annual Sports Week from April 14<sup>th</sup> to 18<sup>th</sup>, 2025, with great enthusiasm and participation from students across all years of both the MBBS and BDS programs. The event was inaugurated by the Principal Medical College, Maj. Gen.(R) Prof. Dr. Hamid Shafiq HI (M), Principal of Dental College, Prof. Dr. Irfan Shah. Students competed under their respective Houses, led by dedicated House Masters and Captains, showcasing exceptional sportsmanship and teamwork. The week-long festivities concluded with the Annual Dinner, where OMER House was declared the overall champion of HITEC-IMS Sports Week 2025.





## CONVOCATION CEREMONY OF HITEC-IMS MEDICAL AND DENTAL COLLEGE

Convocation ceremony was held on April 29<sup>th</sup>, 2025, to celebrate the graduation of the third MBBS batch and second BDS batch. The event was graced by the Chief Guest, Chairman HIT, Lt. Gen. Shakir Ullah Khattak, HI (M), and the Vice Chancellor of NUMS, Lt. Gen. (R) Waseem Alamgir, HI (M), and Principal HITEC-IMS, Maj. Gen.(R) Prof. Dr. Hamid Shafiq HI (M) and Principal Dental College. Prof. Dr. Irfan Shah addressed the convocation & presented the annual report. Degrees and medals were awarded to graduating students in recognition of their academic excellence. The proud parents, faculty, and students shared a moment of pride and joy, which was captured in a commemorative group photograph. The ceremony concluded with a formal lunch, marking a memorable milestone in the journey of the graduates.





## WHITE COAT CEREMONY AND PRIZE DISTRIBUTION AT HITEC-IMS

On May 14<sup>th</sup>, 2025, HITEC Institute of Medical Sciences held its White Coat Ceremony and Prize Distribution event in collaboration with the Nursing and Allied Health Sciences Colleges. First-year students of MBBS, BDS, BS Nursing, and BS Medical Lab Technology solemnly took the Hippocratic Oath and donned their white coats, marking the beginning of their professional journey in healthcare. The ceremony was graced by the Principal Medical College, Maj. Gen.(R) Prof. Dr. Hamid Shafiq HI (M) and the Principal Dental College, Prof. Dr. Irfan Shah, were as chief guests. They also distributed prize money to senior students in recognition of their outstanding academic achievements. The event concluded with refreshment celebrating the accomplishments and dedication of HITEC-IMS students.





## SMILE CON'25 DENTAL SUMMIT

The SmileCon'25 Dental Summit, organized by the Asia Pacific Dental Students Association (APDSA) Pakistan, was held at Dental College, HITEC-IMS, Taxila, on May 22<sup>nd</sup>, 2025. The event attracted over 400 participants from across Pakistan, including students, educators, clinicians, and innovators, for a one-day exchange of academic and professional insights. The event began with a formal ceremony, welcome address by Prof. Dr. Irfan Shah, Principal Dental College, HITEC-IMS. Dr. Arsal Subah Sadiq, Chairperson and Founder of APDSA Pakistan, highlighted the association's regional impact and the significance of student empowerment in dentistry. Dr. Maarij Saeed Rao, President of APDSA Pakistan and Head Organizer of SmileCon'25, spoke about the summit's vision. The scientific program included a keynote lecture by Dr. Asfand Ali Khan and Prof. Dr. Mohammad Israr, followed by a motivational session by Dr. Syed M. Faizan. A panel discussion titled "From Conversations to Cutting-Edge: Running the Dental Clinic of Tomorrow" brought together Prof. Dr. Mohammad Israr, Dr. Owais Durrani, Dr. Usman Anwer Bhatti, Dr. Faisal Moeen moderated by Dr. Shahreen Zahid. The summit also offered dynamic student centered activities, including a national-level poster competition featuring research contributions from students of RMI Peshawar, FMH Lahore, IIDC Islamabad, and HITEC-IMS. The Dental Expo featured leading vendors and student-run stalls, adding energy and creativity to the exhibition space. The day concluded with a cultural Qawwali night and a formal dinner, providing participants with a chance to network and celebrate the summit's success.





## NURSING DAY CELEBRATION

On May 20<sup>th</sup>, 2025, the Nursing College at HITEC-IMS, Taxila, celebrated International Nurses Day. Event was organized by Principal Nursing College, Malik Niaz Ahmed, in collaboration with faculty and students. The event featured role plays, reflections, and speeches honouring the nursing profession. The ceremony was graced by Maj. Gen. (R) Hamid Shafiq, Principal HITEC-IMS, and Brig.(R) Imran Ahmad Malik SI (M), Director HITEWT, as the chief guest. In line with the global theme, "Our Nurses. Our Future. Caring for nurses strengthens economies," the event emphasized the critical role of nurses in healthcare and the importance of investing in their growth and well-being.





## 1<sup>st</sup> ON-SITE INTERNATIONAL RESEARCH CONFERENCE AT HITEC-IMS

HITEC Institute of Medical Sciences successfully hosted its 1st On-Site International Research Conference, organized by the Research Cell in collaboration with the Student Research Society. The three-day event brought together participants from 25 medical colleges across Pakistan. The conference commenced with a hands-on SPSS workshop on Day 1, equipping students with essential data analysis skills. Day 2 featured abstract, oral, and poster presentations, along with another SPSS workshop session. Day 3 adds an important workshop on the topic of research ethics by Dr. Bushara Anwar, Director of Health Research, BMY Health Canada. The event concluded with an award ceremony, where cash prizes were distributed to the winners, followed by a cuisine lunch that celebrated the success of this academic milestone.

The Chief Guest, Maj. Gen. (Retd) Prof. Dr. Muhammad Aslam HI(M) was welcomed by Principal HITEC-IMS, Maj. Gen. (Retd) Prof. Dr. Hamid Shafiq, HI (M).





### **CME/CPD CAREER COUNSELLING SEMINAR**

CME/CPD committee at the Dental College, HITEC-IMS, organized a career counselling seminar on May 12<sup>th</sup>, 2025 which aimed at guiding young dentists towards informed and strategic career planning at both national and international levels in the fields of research, as well as basic and clinical dental sciences.

This two-hour intensive session featured expert insights from distinguished speakers: Dr. Maida Hanif, Assistant Professor OMFS Foundation University College of Dentistry Islamabad, Dr. Farooq Ahmad Chaudhary, HOD and Associate Professor Community Dentistry, School of Dentistry Islamabad, and Dr. Daniyal Qasim Butt. Each speaker shared their personal journeys of perseverance and achievement, providing valuable perspectives on goal setting, SMART planning (Specific, Measurable, Achievable, Relevant, Time Bound) and attaining career objectives in today's competitive landscape.



### **WORKSHOP ON ROTARY ENDODONTICS & IRRIGATION TECHNIQUES**

On May 23<sup>th</sup>, 2025, the Department of Operative Dentistry, Endodontics & Paediatric Dentistry, in collaboration with APDSA, organized a hands-on workshop on Rotary Endodontics and Irrigation Techniques for general practitioners and house officers.

Key speakers are Prof. Dr. Beenish Qureshi, Assoc. Prof. Dr. Amna Riaz, Dr. Sharaz Ahmed and Dr. Summaya.

Participants practiced using ProTaper systems and Endo Activator devices during the hands-on session. The event concluded with a certificate and shield distribution ceremony. The workshop received excellent feedback and reflected a strong interest in adopting evidence-based endodontic techniques.





## WORKSHOP ON ADVANCING HEALTHCARE DELIVERY THROUGH EMPATHY

On May 16<sup>th</sup>, 2025, HITEC Institute of Medical Sciences hosted a workshop titled "*Advancing Healthcare Delivery Through Empathy*" for its clinical faculty. Organized by the Department of Psychiatry and Behavioural Sciences, the workshop focused on the critical role of empathy in patient care. The guest speaker, Brig. (R) Assoc. Prof. Dr. Faruukh Hayat, accompanied by Senior Registrar Dr. Hasiba Rasheed and Clinical Psychologist Ms. Fatima Asad, delivered an insightful



session highlighting the importance of compassionate communication and understanding in clinical practice. The workshop emphasized the value of empathetic engagement in improving healthcare outcomes and strengthening the doctor-patient relationship at HITEC IMS.

## WORKSHOP ON AI INTEGRATION IN MEDICAL EDUCATION

The Department of Medical Education at HITEC-IMS conducted a workshop in collaboration with Bahria Medical College, Islamabad, on the *Integration of Artificial Intelligence in Medical Education*. The session, facilitated by Prof. Dr. Mahwash Jamil, FCPS (Gynae/OBS), from HITEC-IMS, Prof. Dr. Ayesha Aleem Qureshi, Ph.D., Medical Education, Senior Lecturer, Dr. Hina Akhtar, MHPE, and Senior Registrar, Dr. Ayesha Basharat, FCPS (Gynae/OBS) from Bahira Medical College, Islamabad, focused on the practical application of AI tools, including hands-on training with platforms such as Mentimeter, ChatGPT, DeepSeek, and other AI-driven educational technologies facilitated by Participants explored how these tools can enhance teaching, learning, and assessment in medical education. The workshop marked a significant step toward embracing innovation and technology in academic settings.





## BLOOD DONATION CAMP

On May 21<sup>st</sup>, 2025, the Pathology Department and the Students' Blood Donation Society of HITEC Institute of Medical Sciences organized a Blood Donation Camp in collaboration with PATHWELL, Rawalpindi. The event, supported by the Blood Donation Society, was held under the kind approval of the Principal, HITEC-IMS. Over 80 pints of blood were donated by students and staff, reflecting a strong spirit of community service.



The camp was followed by an informative talk on “*Blood Transfusions in Emergency*” delivered by Guest Speakers. Shields and certificates were distributed to the guest speakers, Trauma Surgeon, Dr. Rizwan Sultan, Dr. Shazia, Haematologist, from NESCOM Hospital, and active members of the Blood Donation Society by the Principal of Medical College, Maj. Gen.(retd) Prof. Dr. Hamid Shafiq HI (M) and the Principal of Dental College, Prof. Dr. Irfan Shah. The event concluded with a lunch to appreciate the efforts of all participants and collaborators.

## FREE DENTAL CAMP

On May 20<sup>th</sup>, 2025 a free dental camp was organized at *Scholar Science School* as part of the community outreach efforts of HITEC-IMS Dental College. The camp was led by Dr. Maria Rabbani and included a dedicated team of community dentistry department, house officers and second-year BDS students.

The purpose of the camp was to provide free dental checkups and oral health education to school children. Each student received an oral examination, followed by personalized advice on maintaining oral hygiene. A total of 300 students were provided free dental examination.

Another free dental camp was conducted at *Government Girls High School* on May 21<sup>st</sup>, 2025 as part of HITEC-IMS Dental College's ongoing community oral health initiative. The camp was supervised by Dr. Maria Rabbani and included a committed team of Community Dentistry department, House officers and Second-year BDS students.

