



HITEC-IMS

# NEWSLETTER



## UPCOMING EVENTS

Sports week  
3<sup>rd</sup> Convocation  
White Coat Ceremony  
Seminar  
Conferences  
Student presentations

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## Committee Members:

### Patron

Maj Gen.(R) Hamid Shafiq

Prof. Dr Irfan Shah

### Committee

Asst. Prof. Dr Sadia Israr (In charge)

Prof. Dr Iram Tassaduq

Mr. Muhammad Mohsin Ali

## MESSAGES

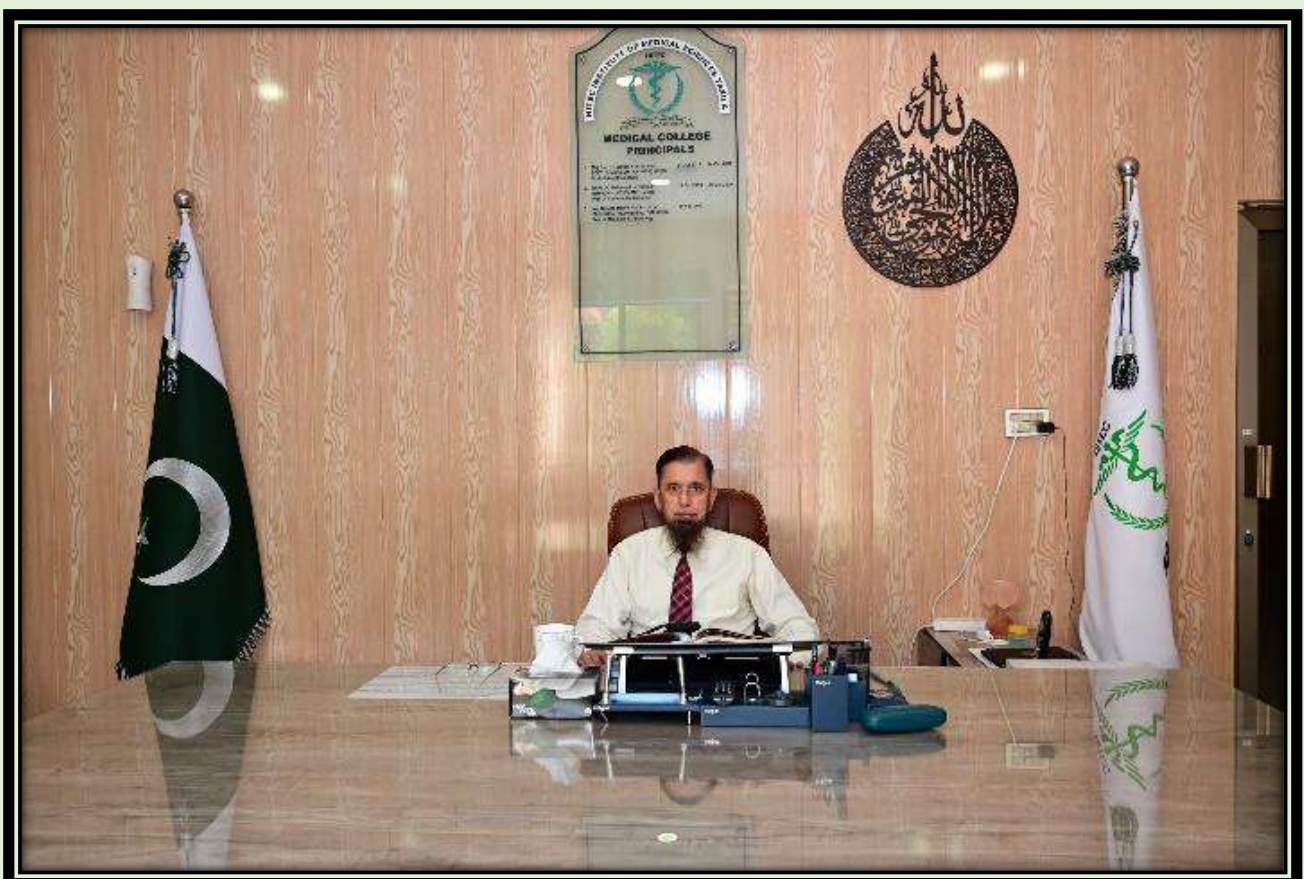
### **Prof Dr Hamid Shafique, Principal HITEC-IMS**

The past quarter has been a period of remarkable progress for our institution. We are proud to announce the establishment of the Institute of Health Sciences, offering a Bachelor's program. Additionally, within a short span of a few months, our secondary school building was successfully renovated and transformed into a dedicated Nursing College, which has now been recognized for the commencement of the Bachelor of Nursing program. Furthermore, our Medical College has received approval for an increase in student intake, raising the capacity to 150 students per year—an achievement that reflects our commitment to academic excellence and growth.

These milestones would not have been possible without the vision and unwavering support of our worthy Chairman, as well as the dedication and hard work of our esteemed faculty and administrative team. Despite facing personal health challenges during this time, the encouragement, prayers, and support from all of you gave me the strength to persevere.

My recent visit to the USA and various nursing colleges across the country, along with my delegation, has provided valuable insights into elevating our institution's standards. With these learnings, we are determined to set new benchmarks in medical and nursing education.

In this blessed month of Ramadan, my humble prayers are that our institute continues to grow, earning recognition not only at the national level but also on the international stage. May we keep striving for excellence and contributing to the betterment of healthcare education.



## **Prof Dr Irfan Shah, Principal Dental College, HITEC-IMS**

Assalam o Alaikom. It is my pleasure to, once again, get in touch with the readers of HITEC – IMS Newsletter. Our colleges are making progress at a remarkable pace. Establishment of Nursing college, Institute of allied health sciences and MBBS seats enhancement to 150 admissions are a few examples on the medical side. On the dentistry side, we are in the process of expanding our clinical facilities by establishing a second hospital outside the walls of HIT. This is the first step towards BDS seat enhancement to 75 admissions. The establishment of this hospital will not only enhance our teaching and training capacity but will also greatly facilitate patients coming for treatment from outside HIT who currently face significant difficulties crossing through the security checks at HIT gates.

Our students are performing very well and are grabbing curricular as well as extracurricular positions in university exams as well as NUMS sports competitions. We have celebrated World Oral Health Day activities by becoming visible on FDI's international scene. We visited schools, colleges and universities to create awareness, performed free checkups, organized poster competitions and invited external speakers to our college.

On a personal level, by the grace of Allah Almighty, I have got elected to the executive committee of Pakistan Association of Oral & Maxillofacial Surgeons (PAOMS). This is a matter of honor for me to represent our college on this prestigious forum.

This issue of Newsletter will give updates on all these latest developments. As always, I am confident that our readers will enjoy this latest issue as much as the past issues.



## PMDC INSPECTION VISIT FOR UPGRADATION OF 150 MBBS 1<sup>ST</sup> YEAR SEATS

The Pakistan Medical and Dental Council (PMDC) conducted an official inspection of the HITEC Institute of Medical Sciences (HITEC IMS), affiliated with NUMS, on January 29<sup>th</sup> and 30<sup>th</sup>, 2025. The visit aimed to evaluate the institute's capacity for increasing MBBS seats from 100 to 150 per year. During the inspection, the PMDC team assessed the facilities and faculty in HITEC IMS and affiliated hospitals, including HIT Hospital, Margalla Hospital, and Islamabad Medical Complex. Following a comprehensive review, PMDC approved the seat upgrade, marking a significant milestone in HITEC IMS's commitment to medical education excellence.



www.pmdc.pk

PAKISTAN  
MEDICAL & DENTAL COUNCIL  
G-10/4, MAUVE AREA  
ISLAMABAD  
Tel: (92 51) 9190000

PF. 12-F-2025-Insp. (HITEC-IMS)

March, 2025

The Principal,  
HITEC Institute of Medical Sciences,  
Taxila Cantt.,  
Taxila.

**SUBJECT: SEATS ENHANCEMENT OF HI-TECH INSTITUTE OF MEDICAL SCIENCES, TAXILA UNDER PM&DC ACT, 2022**

Dear Sir,

It is informed that the inspection of HI-TECH Institute of Medical Sciences, Taxila was conducted on 29<sup>th</sup> & 30<sup>th</sup> January, 2025 to see the facilities available for enhancement of seats from 100 to 150 MBBS students per year.

The inspection report along-with recommendations of the inspection team was placed before the Executive Committee in its meeting held on 25<sup>th</sup> February, 2025. The relevant part of decision of the Executive Committee is reproduced as under:

*"The Executive Committee perused the convener / inspection reports and noted that the College has qualified in the inspection by obtaining 91.8%. The Executive Committee after detailed deliberation decided to recommend to the Council for enhancement of seats of the College from 100 to 150 MBBS seats from session 2024-25. The Committee further directed the convener / inspection reports be shared with the College."*

The inspection report along-with recommendations of the Executive Committee dated 25<sup>th</sup> February, 2025 was placed before the Council in its meeting held on 27<sup>th</sup> February, 2025. The relevant part of decision of the Council is reproduced as under:

*"The Council after detailed deliberation approved the inspection reports, composition of the inspection team and recommendations of the Executive Committee dated 25th February 2025 and decided to enhance the seats of the College from 100 to 150 MBBS seats from session 2024-25."*

In the light of above decision, the HI-TECH Institute of Medical Sciences, Taxila is allowed to admit **150 MBBS** students per year from session 2024-25. It is categorically directed not to admit any student over and above seats as allocated by the Council. Furthermore, a copy of inspection report is enclosed for comments, if any.

Best regards,

Dr. Shaista Faisal  
(Registrar, PM&DC)

C.c.

Registrar, NUMS, Rawalpindi.  
HoD Licensing/SRC Section PM&DC.  
HoD Council Section PM&DC.  
HoD IT Section PM&DC with the request to update the enhancement of seats on official website of PM&DC.  
P.S. to President PM&DC.  
P.S. to Registrar PM&DC.



## Dental College HITEC IMS Students Shine in NUMS University BDS Exams

Dental College HITEC Institute of Medical Sciences (HITEC IMS) students achieved outstanding results in the NUMS University Annual Professional BDS Examinations, securing top positions across various years of study.

**1st Position:**  
Kaneez Fatima  
(1st Year BDS)



**3rd Position:**  
Iman Ali  
(1st Year BDS)



**3rd Position:**  
Fatima Hafeez  
(2nd Year BDS)



**2nd Position:**  
Noor Fatima  
(3rd Year BDS)



These remarkable achievements reflect Dental College HITEC IMS's commitment to academic excellence and the dedication of its students and faculty. The institute congratulates the top achievers and all students who participated, showcasing the quality of education provided at Dental College HITEC IMS. The institute remains dedicated to nurturing the next generation of skilled dental professionals.

## Principal Dental College HITEC – IMS Elected as member Executive Council

The Pakistan Association of Oral & Maxillofacial Surgeons (PAOMS) is the representative body of the specialty of Oral & Maxillofacial Surgeons. Its members include all faculty, consultants and clinicians working in public as well as private sectors all over Pakistan.

Principal Dental College was recently elected as a member of the executive committee of the PAOMS. The Executive Committee took oath of their offices during the inaugural session of the 15 Pakistan Oral and Maxillofacial Surgery Conference held at PC Hotel, Lahore. Election to the prestigious executive committee is a matter of honor for both the Principal as well as HITEC Dental College.



## Pakistan Association of Oral & Maxillofacial Surgeons



## World Oral Health Day 2025

HITEC-IMS Dental College actively participated in the global celebration of World Oral Health Day 2025 with a week-long campaign from March 17<sup>th</sup> to March 21<sup>st</sup> 2025. This year's program was dynamic and far-reaching, incorporating school outreach visits, a university awareness lecture at COMSATS, a poster competition for 2nd-year BDS students, and a highly interactive awareness session.

The campaign was initiated by Dr. Irfan Shah, Principal of HITEC-IMS, who emphasized the institution's dedication to oral health advocacy. Under the leadership of Dr. Maria Rabbani, Assistant Professor of Community Dentistry, a committed organizing committee—Dr. Amna Faisal, Dr. Khadija Tariq, Dr. Huda Habib and Dr. Omer Farooq worked diligently to execute a diverse range of activities that reached beyond the confines of the dental college.

### Awareness Lecture at COMSATS University

March 17<sup>th</sup> 2025 – The campaign kicked off with an awareness lecture at COMSATS University where Dr. Rida Batool, opened the session with key statistics on oral diseases and their impact on general health. Dr. Irfan Shah, Principal of HITEC-dental college delivered an insightful session on oral cancer, its prevalence, and its long-term effects. The lecture concluded with a highly engaging question-and-answer session, where students actively participated, demonstrating a keen interest in oral health issues.



**COMSATS** University Islamabad  
Wah Campus



### School Visits & Free Dental Checkups

March 18<sup>th</sup>-19<sup>th</sup> 2025 – As part of the community outreach initiative, a team comprising third-year BDS students and house officers conducted school visits under the supervision of Dr. Maria Rabbani and her team. The team visited two schools, Educators and Government Primary School, where they conducted free dental checkups and examinations for over 250 students. In addition to oral screenings, the students were provided with oral health education, focusing on proper brushing techniques, cavity prevention, and the significance of regular dental visits. The initiative helped create awareness among young students, equipping them with essential knowledge to maintain good oral hygiene.



### Poster Competition

March 20<sup>th</sup> 2025 – 2nd-year BDS students showcased their creativity and knowledge in a poster competition. Their work effectively illustrated the connection between oral health and mental well-being. The competition was judged by Dr. Shazana Rana, Dr. Rabia Masood, and Dr. Amir Rafique, who evaluated the posters based on their creativity, scientific accuracy, and overall presentation.

### Awareness Session & Closing Ceremony

March 21<sup>st</sup> 2025 – The final day of the World Oral Health Day campaign was a grand awareness session at HITEC-IMS Auditorium, attended by faculty members and students from BDS, paramedics, and HITEC University, Taxila. The session began with Dr. Irfan Shah's compelling talk on the significance of oral cancer and its prevention.

The distinguished guest speaker, Prof. Dr. Arshad Mehmood Malik, an eminent Oral and Maxillofacial Surgeon and Dean of HBS Dental College, delivered a visually engaging lecture on common dental diseases, their treatment, and prevention, keeping the audience captivated. The event featured interactive quizzes, discussions, and the distribution of oral health kits including pamphlets on preventive care. An engaging skit by 2nd- and 3rd-year BDS students creatively emphasized fluoride use. The session concluded with the poster competition prize distribution, marking the successful culmination of the campaign.



## ACADEMIC COUNCIL MEETING

An Academic Council meeting was held on February 7<sup>th</sup> 2025, under the leadership of Maj. Gen. (Retd.) Prof. Dr. Hamid Shafiq. The council discussed and approved key academic developments, including the vision, mission, and organogram of the Allied Health Sciences program. Additionally, the curriculum and evaluation committee for the postgraduate training program were formally approved. The council also deliberated on the design and implementation of the Skills Lab curriculum, aiming to enhance hands-on training for medical students. These decisions mark a significant step in strengthening the academic framework at HITEC IMS.

## PNMC VISIT TO NURSING COLLEGE

A delegation from the Pakistan Nursing & Midwifery Council (PNMC) visited HTEC Nursing College on November 5<sup>th</sup> 2024 to assess its facilities, faculty, and compliance with nursing education standards. After a thorough inspection, the PNMC approved the nursing college on March 10<sup>th</sup> 2025. The approval will enable the college to enroll students and contribute to the growing healthcare sector in Pakistan.



**PAKISTAN NURSING AND MIDWIFERY COUNCIL,**  
PNMC Building, 88 National Health Complex, 8th,  
Chak Shuhad, Islamabad, Pakistan. Phone No. 011-9251003,  
Website: www.pnmc.gov.pk Email: info@pnmc.gov.pk  
\*\*\*\*\*

PNMC NO.F-11-INST-2025/1658 Islamabad, the March 10, 2025

☒ The Principal,  
Nursing College HITEC-IMS,  
Taxila, Punjab

**SUBJECT: RECOGNITION AND ACCREDITATION OF EDUCATIONAL PROGRAMS AND COURSE(S) OF STUDIES**  
(Institutional Agenda Item No. 88, 15<sup>th</sup> Session Meeting held on 17<sup>th</sup> February, 2025)

In pursuance of Section 12 of the Pakistan Nursing Council Act, 1973 (Act No. XXVI of 1973), read with Regulation 31 of the Pakistan Nursing and Midwifery Council Application, Inspection, Recognition and Accreditation of Educational Institutions Regulations, 2023, as well as read with all other enabling provisions of the Act and the Regulations thereof, the Pakistan Nursing and Midwifery Council (PNMC) has recognized, the following educational programme (s) and course(s) of studies in its 15<sup>th</sup> Session meeting held from the 17<sup>th</sup> February, 2025 under the Chair of Ms. Farzana Zulfqar President PNMC:

Sl#	Program(s)	Decision
1.	GBSN	50 seats


2. Therefore, the institute is allowed to admit/induct students into the above nursing programs. The institute is bound to comply with "The Pakistan Nursing and Midwifery Council Application, Inspection, Recognition, and Accreditation of Educational Institutions Regulations, 2023", non-compliance to these regulations will lead to the de-recognition of the institute.

3. This issues with the approval of Council.

*(ASF IQBAL)*  
Secretary, PNMC

**Copy for information:**

1. The President PNMC, Islamabad.
2. The Director General Nursing Punjab, Lahore.
3. The Registrar, Affiliated University.
4. Institute File
5. MIS Section
6. Accounts Section
7. Daily File.



## NUMS INSPECTION VISIT TO IAHS

The National University of Medical Sciences (NUMS) Inspection Team visited the HITEC Institute of Medical Sciences (HITEC-IMS) on February 11<sup>th</sup>, 2025, for affiliation with the BS MLT Program. The team was received by the Principal IAHS Dr Faisal Wadood and representatives of HITEC IMS. The team visited the institute, basic and para-clinical departments and teaching hospital to evaluate the facilities and infrastructure for the BS MLT program. The institute was granted permission to initiate the program.



## **WORKSHOP ON BUILDING COMMUNICATION SKILLS**

The department of psychiatry and behavioural sciences conducted an insightful workshop on enhancing essential communication skills in a healthcare setting on February 7<sup>th</sup> 2025. The workshop aimed to equip medical professionals with techniques to deliver information and break difficult news to patients and their families with empathy and compassion.

The facilitators of the workshop were Brig (R) Farrukh Hayat khan, Dr Mehwish Sultan and Dr Haseeba Rasheed. The clinical and basic sciences faculty attended the workshop. The Workshop consisted of presentations, interactive sessions, roleplays. All participants appreciated the activity and deemed it very useful in both clinical settings and day to day life.



## **WORKSHOP NEEDLE THORACOSTOMY & THERAPEUTIC CHEST DRAIN**

The department of Surgery arranged a workshop on NEEDLE THORACOSTOMY & THERAPEUTIC CHEST DRAIN to offer hands-on training, providing students with practical exposure beyond the traditional classroom setting.

Prof Dr. Naeem Shahid, Assist. Prof. Dr. Ahmed Sajjad and Assoc. Prof. Dr. Khalid Ibrahim facilitated student in learning the skill.

Live demonstration on needle thoracostomy with therapeutic chest drain, foley catheterization techniques and suturing techniques were featured. Dr. Tehniat, Dr. Hasnain, Dr. Hassan, Dr. Abdullah, and Dr. Nayab overseeing the hands-on activities at their respective stations.



### Model Competition at HITEC IMS

The Anatomy Department organized a model competition for 2nd-year MBBS students, providing them with an interactive and engaging learning experience. The competition was well-received by the students, who found it to be an innovative and effective approach to learning complex anatomical structures.



### Health Awareness Camp

The Community Medicine Department conducted a two-day health awareness camp at the Government Special Education Centre, Taxila, in collaboration with the Dental College HITEC- IMS. Dr. Sidra Farooq and Dr. Asifa Afzal conducted sessions on personal hygiene, nutrition, hand hygiene, and students' mental well-being. Pamphlets on personal hygiene and handwashing were provided to the principal for distribution among students. Dr. Mohsin and Dr. Omer Farooq conducted general physical examinations of students.



### **Excursion Trip**

HITEC Institute of Medical Sciences organized a one-day excursion trip to Murree Hills for MBBS 2nd and 3rd-year students, providing them with a well-deserved break from their academic routine. The trip concluded with a group photograph, capturing the memorable experience shared by students and faculty alike.



### **Continuing Medical Education and Professional Development Session**

The Cross Infection Control Committee (CICC) organized a Continuing Medical Education (CME) and Continuing Professional Development (CPD) session for faculty, house officers, and staff on February 21<sup>st</sup> & 24<sup>th</sup> 2025. The training aimed to familiarize attendees with the infection control protocols followed at the Dental College HITEC IMS.

The event was organized by Dr. Amna Khan and Dr. Tooba, both in charge of the CICC, under the supervision of Dr. Saman, the Head of CICC. The sessions provided valuable insights on the implementation of best practices in infection control within the dental setting.



### **Vaccination Drive for Students, Faculty, and Staff on 20<sup>th</sup> February 2025**

On February 20<sup>th</sup>, a vaccination drive was organized at Dental College HITEC IMS to ensure the health and safety of students, faculty, and staff. The vaccination was conducted using the AMVAX vaccine by Amson. A total of 66 individuals, including faculty, staff, and students, received their vaccinations as part of this initiative. Expenses of vaccination of staff members and dental assistants were covered by the college.



### **NUMS Annual Inter-Collegiate Sports and Declamation Contest 2025**

From February 20<sup>th</sup> to 23<sup>rd</sup> 2025, the NUMS Olympiad was held, bringing together various educational institutions for a series of sports and extracurricular activities. Among the participating teams, the girls from Dental College HITEC IMS showcased their enthusiasm and team spirit under the supervision of Dr. Saman Malik, the focal person for the college's participation. Dr Rida, Dr Naila, and Dr Aiemen worked hard to ensure that the teams were well-prepared, promoting a positive environment for learning and sportsmanship. The Dental College HITEC IMS girls participated actively in two major events during the Olympiad: The North Zone Cricket Team and the Badminton competition. Their involvement in these events not only highlighted their sporting skills but also their commitment to balancing academics with extracurricular activities.

