



HITEC-IMS

# NEWSLETTER



## UPCOMING EVENTS

- *POSTER COMPETITION*
- *EXCURSION TRIPS*
- *MUSICAL CONCERT*
- *MOTIVATIONAL TALK*
- *NUMS INSPECTION*
- *WHITE COAT CEREMONY*

## Contents

- MESSAGES
- ACCREDITATION
- PRESENTATIONS
- EXTERNAL FACILITATORS
- FACULTY DEVELOPMENT
- CELEBRATIONS
- EVENTS

## Committee Members:

### Patron

Maj Gen (R). Prof. Hamid Shafiq  
Prof. Dr Irfan Shah

### Committee

Asst. Prof. Dr Sadia Israr (Incharge)  
Prof. Dr Iram Tassaduq  
Prof. Dr Ayesha Haque  
Dr Kiran Rasheed  
Mr Mohsin Ali

## Messages

### **Prof. Dr Hamid Shafique, Principal HITEC-IMS**

Welcome to the first newsletter from our institute.

By the Grace of Allah Almighty and through the hard work of faculty / administration HIT – IMS has shined up on the horizon of galaxy of private medical and dental colleges. Hardly 5 years after its birth IMS has crossed all the major milestones. Besides securing “A” grade in its last annual inspection its pass percentage of students in each class has been more than 90%. Last ISO Certification review was almost 100% compliant with the set parameters.

Medical journal and magazine initiation responsibility was taken by the medical side and now newsletter responsibility rests with dental college. Quarterly letter is planned. During the last quarter first batch of medical side started the house job. More than 15 research papers have been contributed. Online local exams on NOMES system have been started. Comprehensive workshops were conducted by Forensic department covering almost the whole syllabus. Finalization of the master plan of new campus took place after collaborating with HODs of the faculty members. Excursion trips to Thandiani, Salt mine and Patriata were arranged for different classes. Annual dinner went very well in the month of August. Renovation of faculty room in library, conference room and upgradation of research cell was done. Last but not the least an emergency room was setup in administration block to deal with medical emergencies.

I hope that this newsletter will be published regularly from now onwards.

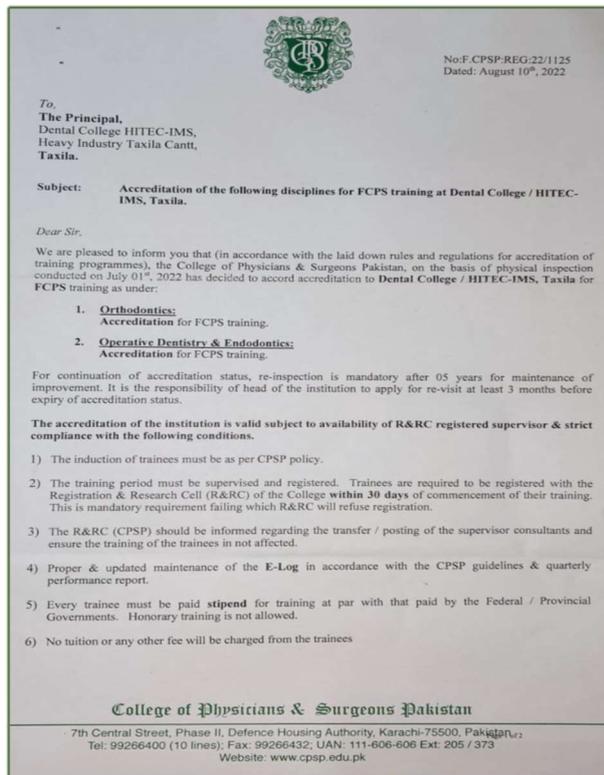


### **Prof. Dr Irfan Shah, Principal Dental College, HITEC-IMS**

It is my pleasure to welcome you all to the HITEC-IMS Newsletter. I hope this new publication will provide greater insight into life at Dental and Medical Colleges. From the farewell dinner and National day celebrations to our recent accreditation by CPSP, the Newsletter offers a roundup of social and academic events at HITEC-IMS. As our faculty, staff and students continue to strive for excellence, we look forward to celebrating the achievements of our community in the pages of this Newsletter and beyond.



## Accreditation of Dental College HITEC-IMS by CPSP



The College of Physicians and Surgeons (CPSP) granted accreditation to Dental College HITEC-IMS for postgraduate fellowship training after an inspection on 18 July 2022. CPSP conferred eligibility for post graduate training FCPS, to Dental College HITEC-IMS in the subjects of Orthodontics, Operative dentistry, and Endodontics



**Prof. Dr Irfan Shah** was invited as guest speaker at Khyber College of Dentistry Peshawar on 17 June 2022. Among the audience were young graduates, house officers, general dental practitioners, faculty of KCD, residents and consultants of Oral and Maxillofacial Surgery. The topic of presentation was "Oral Cancer - Prevention and Early

Diagnoses". The aim of his talk was to emphasize to oral health care workers the importance of creating awareness regarding oral cancer, which is common in South Asia, including Pakistan. At the completion of this symposium, Principal of KCD presented shields to the speakers.





**Maj. Gen. (R) Prof. Hamid Shafiq** presented a paper in the 22<sup>nd</sup> Annual Cardiology Update held on 9 to 11 September 2022 at Bhurbun. His topic of presentation was “Missing Links between Vitamin D and Cardiovascular System” The audience included renowned national and international Cardiologists. A speaker certificate was awarded to the principal by President Pakistan Cardiac Society, Maj Gen (R) Prof. Suhail Aziz HI (M).

### **Hands-on Workshop on Crown Preparation**

A workshop was conducted by the Department of Prosthodontics on “Crown preparation” on 11 August, 2022 at Dental College HITEC-IMS. Honorable guest facilitators Dr. Rashid Habib (Professor of Prosthodontics, King Saud University KSA) and Dr. Syed Nasir Shah (Dean KCD) conducted the workshop. The workshop was convened by Dr Amir Rafique, Dr Sameen Zehra and faculty members from the prosthodontics department. The objective of the workshop was to provide the faculty with an opportunity to practice hands-on tooth preparation and temporization. Interactive lectures were given by presenters followed by a live demonstration in the skills lab and hands-on learning opportunities for the participants.



### **Thalassemia Awareness Talk**

Maj Gen Suhaib Ahmed (R), a consultant haematologist was invited to give a talk on Thalassemia. His informative presentation raised awareness among the faculty and students about prenatal diagnosis of Thalassemia Major. He emphasized the importance of screening parents. The role of blood donation in management of patients having Thalassemia major was also highlighted.



### Workshop on Research Ethics



Research Cell of HITEC-IMS organized a workshop on “Institutional Review Board for Research Ethics” in collaboration with London School of Hygiene and Tropical Medicine. It was conducted by Patricia Henley (MPH), Head of Research Governance and Integrity at London School of Hygiene and Tropical Medicine.

### Webinar on “WFME policies and PMC recognition: separating facts from myths”

The medical education department of HITEC-IMS participated in a webinar on “WFME policies and PMC recognition: separating facts from myths” on 11 September 2022. Session was moderated by Prof. Syeda Kauser Ali (Jinnah Sindh Medical University). The Speaker was Prof. Syed Moin Aly (Jinnah Sindh Medical University). Invited Guests included Prof. Ahmed Rashid and Prof. Janet Grantt (Prof. Emeritus, Sp. Advisor WFME, & Director Centre for Medical Education in context). The aim of this talk was to allay the apprehensions of the medical community about the ECFMG regulations and WFME recognition of PMC/PMDC.



### MCQS Retreat and Multimedia assisted MCQS

Prof. Asma Hafeez conducted an interactive, hands on workshop on MCQ construction at HITEC-IMS. The clinical and basic faculty actively participated by constructing MCQs’ followed by constructive critique considering provided checklist.



### Workshop on Casts and Splints Techniques

Prof. Kashif Khurshid Qureshi head of the Orthopaedic Department, conducted a workshop on "Casts and Splints Techniques" in July. The activity was arranged in Skill Lab of HITEC-IMS. After an initial introduction, participants were trained on back slab application techniques for upper and lower limbs. Participants appreciated this activity and considered it highly beneficial to their knowledge.

### Hands on SPSS and Likert Scale Data

On 14 September, the department of Dental Education organized a workshop on SPSS & Likert Scale Data. Session was conducted by Dr Faizan Munir and Dr Zerlish.



### Mentoring Program at HITEC-IMS

In line with international standards, a formal mentoring program was initiated and has been running successfully since last year at HITEC-IMS. Several training workshops has been arranged for the faculty mentors in this regard. The program is greatly appreciated by students of both medical and dental colleges.



### National Independence Day



Keeping its traditions alive, HITEC-IMS celebrated Independence Day with great zeal and enthusiasm. Faculty members, students and staff dressed in green and white for this event. The front lawn of the Dental hospital was beautifully adorned and a cake cutting ceremony was performed. The program culminated with 5 seconds of silence and special prayers for the peace, solidarity, and prosperity of Pakistan.

## Annual Dinner



An annual dinner was organized for the outgoing classes of MBBS & BDS on 19 August 2022. Students amused audience by interesting skits, ghazals and video presentations of their college life experiences at the campus. At the end of the event, students presented souvenirs to the principals of the Medical and Dental Colleges. As a memory, students were given mugs with imprinted photographs. Both the faculty and the students enjoyed this lovely and memorable event.



### Forensic Day

This was organized by department of Forensic medicine and Toxicology on 8 September, 2022. Third year MBBS students created models, charts, and self-depictions based on forensic medicine themes. The activity was innovative and was appreciated highly by the audience. Performances were judged by invitees from WMC and Al-Nafees medical college. Shields and certificates were awarded to the participants by Principal Gen (R) Hamid Shafiq (HITEC-IMS Taxila).



### BLS Training Workshop at Army Medical College

A program to train BDS final year students in Basic Life Support (BLS) in collaboration with AFIC, Rawalpindi has been organized by Dr Ambreen Gul, Head of Biochemistry Department. After hands on training, students were assessed and awarded certificates. The aim of this program was to develop competencies of a good physician. This

program is appreciated by the students and will continue in coming years.

### Awareness of Cardiovascular Diseases

A seminar was conducted at HITEC-IMS on 2 September, 2022 by the department of Community Medicine with aim to raise awareness about the symptoms, causes, clinical presentation and prevention of cardiovascular diseases.



## Environment and Global Warming

Another seminar was conducted on 23 August by the department of Community Medicine to raise awareness about global warming and its deleterious effects. The aim was to motivate the students to actively participate in protecting environment as well as to promote use of environment friendly, biodegradable alternatives in daily life.



## Free Dental Camp



Dental college HITEC-IMS is at the forefront of creating awareness about oral health amongst the general population. In this regard, frequent Free Dental camps are being organized in the Dental College. This has attracted not only the residents of Taxila but the adjacent cities and villages as well. A free dental check-up, treatment, and awareness camp from 05 to 13 September was organized by HITEC-IMS

Dental College. This is a humanitarian initiative by Dental College HITEC-IMS for the social welfare of the community. Oral health services offered during the camp included dental check-up, tooth extraction, scaling, restorations, and replacement of the missing teeth.



## Faculty Tourism activity



Dr Shahreen Zahid, from department of Dental Materials, represented HITEC College in the inaugural and pioneering all women's team that went on a 14-day trek all the way to K2 basecamp in August. The expedition was organized by the Adventure Club, Pakistan and comprised a tough, challenging, and arduous trek. The team had to trek 7-9 hours daily to reach Concordia. Her suggestions were

very well received, and she, along with some other participants is currently contributing to a working paper that will outline strategies to remove and reduce pollution on the K2 trek and make it a more easy and accessible experience for national and international trekkers.



### Faculty Achievements

<b>Names</b>	<b>Department</b>	<b>Achievement</b>
Dr Ayesha Junaid	Biochemistry	MHPE
Dr Saleha Saeed	Oral Pathology	CHPE
Dr Nausheen Ashraf	Dental Materials	CHPE
Dr Amna Nisar	Prosthodontics	CHPE
Dr Fatima Rizwan	Oral Biology	CHPE
Dr. Maleeha Zafar	Anatomy	CHPE
Dr Anwar Bibi	Community Medicine	CHPE

### **Goodbyes**

**(July – Sep 2022)**

<b>Names</b>	<b>Designation</b>	<b>Department</b>	<b>Resigning date</b>
Dr Mussab Irfan	Registrar	Operative Dentistry	01 July 2022
Dr. Danial Khalid	Asst Professor	Oral Biology	01 Aug 2022
Dr. Scheeza Ikram	Demonstrator	Anatomy	01 Aug 2022
Iqra Khizer	Lab Asst	Comm Dentistry	01 Aug 2022
Abdul Manan	DSA	CSSD	01 Aug 2022

### **Welcome to the Team**

**(July – Sep 2022)**

<b>Names</b>	<b>Designation</b>	<b>Department</b>	<b>Joining date</b>
Awais Munir Khan	Coordinator	Exam Cell	18 July 2022
Dr Sobia Siddique	Assoc Prof	Oral Pathology	01 Aug 2022
Umm e Habiba	Comp Operator	Exam Cell	01 Aug 2022